SHEKNOWS

## The Ulimate Family Planner

## SHEKNOWS

Refrigerator

## Dishwasher

Microwave

## Make

## Model

## Warranty

Washing Machine Make

## Model

Warranty
-----
Dryer Make

Model
Warranty
-aran
Air Conditioning Make
Model
Warranty

## Stove Make

## Model

Warranty

# Watersoftener Make 

## Model

> Warranty

## Water heater Make

> Model

> Warranty
$\qquad$

## Make

Model
Warranty

| Heater | Make |
| :--- | :--- |
|  | Model |
|  | Warranty |

Pool | Make |  |
| :--- | :--- |
|  | Model |
|  | Warranty |

Waterfilter Make
Model
Warranty

## Fireplace Make

Model
Warranty

Make
Model
Warranty

Name:
Address

Phone \#
Email
Availability
Cost
Name: Address

Phone \#
Email
Availability
Cost
Name: $\quad$ Address

Phone\#
Email
Availability
Cost
Name: $\quad$ Address

Phone \#
Email
Availability
Cost
*Back to School Checklist *

| Item | Child | Amount | Color | Size | Location | Cost |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Backpack |  |  |  |  |  |  |
| Polo Shirt |  | , |  |  |  |  |
| Shorts |  | ' |  |  |  |  |
| Shoes |  | , |  |  |  |  |
| Socks |  |  |  |  |  |  |
| Folders |  | , |  |  |  |  |
| Notebooks |  |  |  |  |  |  |
| Pencils |  | I |  |  |  |  |
| Pens |  |  |  |  |  |  |
| Crayons |  | ' |  |  |  |  |
| Eraser |  | , |  |  |  |  |
| Pencil Sharpener |  |  |  |  |  |  |
| Calculator |  | I |  |  |  |  |
| Pencil Organizer |  | ' |  |  |  |  |
| Highlighters |  | , |  |  |  |  |
| Markers |  |  |  |  |  |  |
| Colored Pencils |  | I |  |  |  |  |
| Lunch box |  |  |  |  |  |  |
| Water Bottle |  | I |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  | 1 |  |  |  |  |

Child: Activity
Location

Coach/Teacher
Phone\#
Practice Schedule
Games
Supplies
Cost
Child:
Activity
Location

Coach/Teacher
Phone\#
Practice Schedule
Games
Supplies
Cost
Child:
Activity
Location

Coach/Teacher
Phone\#
Practice Schedule
Games
Supplies
Cost

Child:
Friend's Name
Parent's Name
Parent's Phone\#
Address

Sleepover?
Child:
Friend's Name
Parent's Name
Parent's Phone\#
Address

Sleepover?
Child:
Friend's Name
Parent's Name
Parent's Phone\#
Address

Sleepover?
Child:
Friend's Name
Parent's Name
Parent's Phone\#
Address

Sleepover?

| Pediatrician | Name |
| :--- | :--- |
|  | Phone\# |
|  | Location |
|  | - |
|  | Office Hours |


| Dentist | Name |
| :---: | :---: |
|  | Phone\# |
|  | Location |

Phone\#
Location
Office Hours
Urgent Care Name
Phone\#
Location
Office Hours
Phone \#
Location

Location
Allergies
Medication
Surgeries
Miscellaneous Info

## Hospital

* 

$\qquad$

Monday
Cost:

Name
Phone\#
Location

Supplies
Name
Phone\#
Location

Supplies
Wednesday
Cost:
Name
Phone\#
Location

Supplies
Thursday
Name
Phone\#
Location

Supplies

Friday
Cost:

Name
Phone\#
Location
Supplies

## SHEKNOWS

## - Daily Chore Chart *

| Chore | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Who: | Who: | Who: | Who: | Who: |
| Load Dishwasher | Completed: | Completed: | Completed: | Completed: | Completed: |
|  | Who: | Who: | Who: | Who: | Who: |
| Unload Dishwasher | Completed: | Completed: | Completed: | Completed: | Completed: |
|  | Who: | Who: | Who: | Who: | Who: |
| Dog/Cat | Completed: | Completed: | Completed: | Completed: | Completed: |
|  | Who: | Who: | Who: | Who: | Who: |
| Vacuum | Completed: | Completed: | Completed: | Completed: | Completed: |
|  | Who: | Who: | Who: | Who: | Who: |
| Sweep Floors | Completed: | Completed: | Completed: | Completed: | Completed: |
|  | Who: | Who: | Who: | Who: | Who: |
| Mop Floors | Completed: | Completed: | Completed: | Completed: | Completed: |
|  | Who: | Who: | Who: | Who: | Who: |
| Wipe Kitchen Counters | Completed: | Completed: | Completed: | Completed: | Completed: |

## * Dates to Remember*

| July | August |
| :---: | :---: |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
| Septermber | October |

November
December


## SHEKNOWS

## * Family Contact Sheet *

| Name: | Work |
| :---: | :---: |
|  | Phone\# |
|  | Email |
|  | Birthday |
|  | Other |
| Name: | Work |
|  | Phone\# |
|  | Email |
|  | Birthday |
|  | Other |
| Name: | Work |
|  | Phone\# |
|  | Email |
|  | Birthday |
|  | Other |
| Name: | Work |
|  | Phone\# |
|  | Email |
|  | Birthday |
|  | Other |
| Name: | Work |
|  | Phone\# |
|  | Email |
|  | Birthday |
|  | Other |

## * Grocery List *



Hygiene

## Frozen

Produce

Cleaning

Miscellaneous

Electric Company Name
Phone\#
Location

Water Company
Name
Phone\#
Location

Cable Company
Name
Phone\#
Location

MOA
Name
Phone\#
Location

City Information
Name
Phone\#
Location

Landscaper

Phone\#
Location

Service Dates
PoolTechnician
Name
Phone\#
Location

Service Dates

Insurance
Information

Name
Phone\#
Location

Policy Dates
Mechanic
Name
Phone\#
Location

Oil Change
Bug Sprayer
Name
Phone\#
Location

Spray Dates

ACRepair


Name
Phone\#
Location

Last Repair
Narne
Phone\#
Location

Service Info
Name
Phone\#
Location

Service Info
Name
Phone\#
Location

Other
Name
Phone\#
Location

Other
$\qquad$

$\qquad$

Groceries
Medical
Debt
Clothing
Hair
Out to Eat
Child Allowance
Entertainment $\qquad$
$\qquad$
$\qquad$

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Math: | Math: | Math: | Math: | Math: |
| English: | English: | English: | English: | English: |
| Science: | Science: | Science: | Science: | Science: |
| SS: | SS: | SS: | SS: | SS: |
| Misc: | Misc: | Misc: | Misc: | Misc: |
| Math: | Math: | Math: | Math: | Math: |
| English: | English: | English: | English: | English: |
| Science: | Science: | Science: | Science: | Science: |
| SS: | SS: | SS: | SS: | SS: |
| Misc: | Misc: | Misc: | Misc: | Misc: |
| Math: | Math: | Math: | Math: | Math: |
| English: | English: | English: | English: | English: |
| Science: | Science: | Science: | Science: | Science: |
| S5: | SS: | SS: | SS: | SS: |
| Misc: | Misc: | Misc: | Misc: | Misc: |
| Math: | Math: | Math: | Math: | Math: |
| English: | English: | English: | English: | English: |
| Science: | Science: | Science: | Science: | Science: |
| S5: | SS: | SS: | SS: | SS: |
| Misc: | Misc: | Misc: | Misc: | Misc: |
| Math: | Math: | Math: | Math: | Math: |
| English: | English: | English: | English: | English: |
| Science: | Science: | Science: | Science: | Science: |
| SS: | SS: | SS: | SS: | SS: |
| Misc: | Misc: | Misc: | Misc: | Misc: |

Preschool
Start Time
Lunch Time
End Time
Early Release Days
Teacher Info
School Phone\#
School Address

Fall Break
Winter Break
Spring Break Summer Break

Elementary
Start Time Lunch Time End Time
School
Early Release Days
Teacher Info
School Phone\#
School Address

Fall Break
Winter Break
Spring Break
Summer Break
High School
Start Time
Lunch Tirne
End Time
Early Release Days
Teacher Info
School Phone\#
School Address

Fall Break
Winter Break
Spring Break Summer Break

## Phone Calls

Errands

Appointments

Children's
Activities

Work

## Miscellaneous

| Family Member． | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Dust <br> Family <br> Room | Wak <br> the Dog | Misc： See Mom and Dad | Put Dishes Away | Check Mail | Clean Hall Floorboards |
|  | Dust Living Room | Misc： See Mom and Dad | Check Mail | Walk the Dog | Wipe Down Walls | Clean <br> Kitchen <br> Floorboards |
|  | Dust Bedrooms | Clean Bathtubs／ Showers | Misc： See Mom and Dad | Clean out Movie Case | Walk the Dog | Clean <br> Family <br> Room <br> Floorboards |
|  | Laundry | Clean out <br> Fridge | Sweep <br> and Mop <br> Bathroom <br> Floor | Pick Weeds | Misc： See Mom and Dad | Clean <br> Dining Room <br> ：Floorboards |
|  | Walk the Dog | Dust Picture Frames | Take Garbage to Curb | Misc： See Mom and Dad | Wash Windows | Mow Lawn |
|  | Clean Bathroom Mirrors | Dust Computer Area | Laundry | Straighten Pantry | Wipe Down Couches | Wash Down <br> Window <br> Blinds |
|  | Misc： See Mom and Dad | Check Mail | Walk the Dog | Dust Office | $\begin{aligned} & \text { Sweep } \\ & \text { Patio } \end{aligned}$ | Laundry |
|  |  |  |  |  |  |  |


|  | Breakfast | Lunch | Dinner |
| :---: | :---: | :---: | :---: |
| Monday | Home： | Home： | Home： |
|  | I Ingredients： | I Ingredients： | Ingredients： |
|  | Schoo： | Schoo： | Schoo： |
|  | Cost： | Cost： | Cost： |
|  | Out to eat Location： | Out to eat Location： | Out to eat Location： |
| Tuesday | Home： | Home： | Home： |
|  | Ingredients： | I Ingredients： | Ingredients： |
|  | Schoo： | ＇Schoo： | School： |
|  | Cost： | Cost： | Cost： |
|  | Out to eat Location： | Out to eat ，Location： | Out to eat Location： |
| Wednesday | Home： | Home： | Home： |
|  | Ingredients： | Ingredients： | Ingredients： |
|  | Schoo： | ＇Schoo： | Schoo： |
|  | Cost： | Cost： | Cost： |
|  | Out to eat ，Location： | Out to eat <br> ＇Location： | Out to eat Location： |
| Thursday | Home： | Home： | Home： |
|  | Ingredients： | Ingredients： | Ingredients： |
|  | ＇Schoo： | Schoo： | Schoo： |
|  | Cost： | Cost： | Cost： |
|  | Out to eat ，Location： | Out to eat ＇Location： | Out to eat Location： |
| Friday | Home： | Home： | Home： |
|  | Ingredients： | Ingredients： | Ingredients： |
|  | Schoo： | Schoo： | Schoo： |
|  | Cost： | Cost： | cost： |
|  | Out to eat Location： | Out to eat ，Location： | Out to eat Location： |

野
 $\underset{\sim}{\ddot{U}} \stackrel{\ddot{U}}{\sim} \quad \frac{\ddot{U}}{\bar{D}}$ Type：
Due：
Done： $\underset{\leftarrow}{\ddot{U}} \frac{\ddot{U}}{\sim} \frac{\ddot{U}}{\square}$ Type：
Due：
Done： Type：
Due：
Done： English Type：
Due：
Done：
Type：
Due：
Done： Math
运 坒 $\stackrel{\ddot{\beta}}{\stackrel{\ddot{y}}{2} \stackrel{\ddot{y}}{\partial}}$
 Kepuow
$\begin{array}{lll:lll:lll}\ddot{U} & \ddot{U} & \ddot{U} & \ddot{U} & \ddot{U} & \ddot{U} & \ddot{U} & \ddot{\theta} & \ddot{U}\end{array}$
Student：


 Science岂 ※ ジㅁ Type：
Due：
Done： $\underset{\sim}{\ddot{U}} \quad \ddot{\ddot{U}} \quad \frac{\ddot{U}}{\square}$ Social Studies Type：
Due：
Done：
Type：
Tue：
Done： Type：
Due：
Done：

